How to Make Bath Fizzies Using the 3D Round Ball Mold

INGREDIENTS

1 cup citric acid

1/8 to 1/4 teaspoon essential oil or fragrance oil (any scent)

2 cups baking soda

1 teaspoon almond oil

1 cup cornstarch

Spray bottle filled with cold water

LorAnn powdered food color

Round Ball Molds

DIRECTIONS

1. Beginning with one mold, use sturdy scissors to cut mold in half lengthwise. Cut between each circle leaving about a 1/4-inch border. You now have 6 individual half balls. Repeat with remaining mold.

2. In a large non-plastic bowl use a metal whisk to thoroughly combine citric acid, baking soda and cornstarch. Pass the citric acid through a sifter if there are many lumps. (Note: If not mixed well, the bombs will be grainy.)

3. Add food coloring (color of your choice), just a small amount is needed as powdered food coloring is very concentrated.

4. Using a non-plastic measuring spoon, add up to ¼ teaspoon of essential oil (use all of one fragrance, or a combination) and almond oil. Mix well.

5. While stirring the mixture with one hand, hold the spray bottle in the other and lightly spray with water just until mixture can be packed together (to test: squeeze a small amount of mixture in your hand, it should hold together in a clump without being too powdery). DO NOT OVERSPRAY WITH WATER.

6. As soon as the mixture can be packed together, press firmly into 2 of the half ball molds over-filling slightly. Firmly press molds together, twisting from side to side to form a ball. Continue with remaining molds.

7. Allow molds to set for at least 60 minutes. Gently unmold the bath balls. If the two halves separate, gently press together again.

8. Allow to air dry for at least 4 hours until balls are very dry and firm.

9. Store in plastic bags secured with twist ties. Write the name of the scent on the labels provided and affix to bags.

Note: Use of non-plastic bowls and utensils is recommended as the scent of essential oils can permeate plastic.

Makes 6 round bath fizzies

CREATIVE IDEAS

Tie your bags of Bath Fizzies with ribbon and add a tag noting the scent, along with instructions for use.

Perfect as party favors for wedding showers, baby showers, and birthdays.