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Scented Bath Fizzies

Product Code: R0028

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INGREDIENTS

1 cup citric acid
2 cups baking soda

1 cup cornstarch
LorAnn powdered food color
1 tsp almond oil, sweet
10 to 20 drops total of cosmetic grade fragrance oil or essential oil (one scent or a combination)

Spray bottle filled with water
Soap/bath fizzie molds

Dried herbs or flowers, optional

DIRECTIONS

1. In a large non-plastic bowl use a metal whisk to thoroughly combine citric acid, baking soda and cornstarch. Pass the citric acid through a sifter if there are many lumps. (Note: If not mixed well, the bombs will be grainy.)
2. Add food coloring (color of your choice), just a small amount is needed as powdered food coloring is very concentrated.
3. Using a non-plastic measuring spoon, add up to ¼ teaspoon of essential oil (use all of one fragrance, or a combination) and almond oil. Mix well.
4. While stirring the mixture with one hand, hold the spray bottle in the other and lightly spray with water just until mixture can be packed together (to test: squeeze a small amount of mixture in your hand, it should hold together in a clump without being too powdery). DO NOT OVERSPRAY WITH WATER.
5. As soon as the mixture can be packed together, press firmly into molds over-filling slightly. Continue with remaining molds.
6. Allow molds to set for at least 30 minutes. Gently un-mold the bath fizzies.
7. Store in plastic bags secured with twist ties.

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